

# #SPEAKUP 4KIDS

**SPEAK UP IF YOU  
SEE SOMETHING**



**If you see something  
that doesn't look  
'quite right', speak  
up – report it.**

**SPEAKING UP** you  
could save a child  
from a lifetime of  
pain.

**How to Report:**

**Call 000**

**Call 1800RESPECT**



**[childsafe.org.au](http://childsafe.org.au)**

# #SPEAKUP 4KIDS

## SPEAK UP IN YOUR ORGANISATION



It's not just the right thing to do, all organisations must abide by child safety legal obligations.

Before leaving your children in the care of any organisation, **SPEAK UP** and ask these 5 Safety Questions.

### Have you asked these 5 safety questions?

1. Are your staff/volunteers screened and child-safe trained?
2. Do you have a child safe policy and code of conduct?
3. How do you involve children in your decision-making processes?
4. How and where do you store my data?
5. How does a child make a complaint & what is your process for addressing complaints?

# #SPEAKUP 4KIDS

## EMPOWER CHILDREN TO SPEAK UP



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1

**My body is mine. It belongs to me.**  
I can say, "No!" if I don't want to kiss or hug someone. I can give a high-five, shake hands or wave. I'm the boss of my body. What I say goes!

### **I have a safety network**

I have 3 to 5 adults I trust. I can tell these people anything and they will believe me. If I'm worried, scared or unsure, I can tell someone in my Safety Network about how I feel and why.

2

3

### **Early warning signs**

If I feel frightened or unsafe, I may have a sick tummy, feel shaky, or my heart may beat very fast. These are called Early Warning Signs. If I feel this way about anything, I must tell an adult on my Safety Network straight away.

### **Private parts**

My private parts are my body parts that are covered by my bathing suit. My mouth is also a private part. I always call my private parts by their correct names. Nobody can touch my private parts or ask me to touch their private parts. Nobody can show me pictures of their private parts. If any of these things happen, I must tell an adult on my Safety Network straight away.

4

Empower your children to **SPEAK UP** if they feel unsafe or uncomfortable.

Speak with them about Body Safety and Consent – and teach them these 5 lessons.

### **Secrets**

I should never keep secrets that make me feel bad or uncomfortable. If someone asks me to keep a secret that makes me feel bad or uncomfortable, I must tell an adult on my Safety Network straight away!.

5

**ChildSafe**™

safe people • safe programs • safe places

[childsafe.org.au](http://childsafe.org.au)

# #SPEAKUP 4KIDS

**IF A CHILD DISCLOSES  
SPEAK UP**



If any child at your organisation, or in your home, discloses to you that they've been abused, you must do these **3 things**.

How you respond is critically important.

**1**

Thank them for being brave and telling you

**2**

Believe what they are telling you is 100% true

**3**

Tell them you will get help together. Call 000